

5 facts about dreams:

1- your dreams are actually like mirrors, they reflect your innermost feelings about the world and the people around you

2 - you can't dream and snore at the same time

3 - 70% of our dreams contain secret messages

4 - the strangers you see in your dreams are people you'd actually seen in real life

5 - according to some psychological studies, the inability to fall asleep at night can mean that you're actually awake in someone else's dream